

Option Strategies with Adjustments: A Comprehensive Guide

Option strategies are a powerful tool that can be used to enhance your trading returns. By understanding how to adjust option strategies, you can improve your chances of success and minimize your risks.



Option Strategies with Adjustments: The Nuts and Bolts of Option Trading by Rajiv L B Roy

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What are option adjustments?

Option adjustments are changes that you make to an existing option strategy. These adjustments can be made to change the risk profile of the strategy, to improve its profitability, or to adapt to changing market conditions.

There are three main types of option adjustments:

1. **Rolling up:** This involves selling an option contract at a higher strike price and buying a new contract at a lower strike price.
2. **Rolling down:** This involves selling an option contract at a lower strike price and buying a new contract at a higher strike price.
3. **Adjusting strikes:** This involves changing the strike price of an existing option contract.

When should you adjust an option strategy?

There are a number of factors that can trigger the need for an option adjustment. These include:

- **Changes in the underlying asset price:** If the price of the underlying asset moves significantly, you may need to adjust your option strategy to maintain your desired risk profile.
- **Changes in volatility:** If the volatility of the underlying asset changes, you may need to adjust your option strategy to account for the increased or decreased risk.
- **Changes in your investment goals:** If your investment goals change, you may need to adjust your option strategy to better align with your new objectives.

How to adjust an option strategy

The specific steps involved in adjusting an option strategy will vary depending on the type of adjustment you are making. However, the general process is as follows:

1. **Identify the need for an adjustment.** The first step is to identify the factors that are triggering the need for an adjustment. Once you have identified these factors, you can determine the type of adjustment that is necessary. 2. **Determine the new option contract.** Once you have determined the type of adjustment that you need to make, you need to determine the new option contract that you will be purchasing or selling. This will involve considering the strike price, expiration date, and underlying asset of the new contract. 3. **Execute the adjustment.** Once you have determined the new option contract, you need to execute the adjustment. This involves selling the existing option contract and purchasing the new option contract.

Examples of option adjustments

Here are some examples of how option adjustments can be used to improve the performance of an option strategy:

* **Rolling up:** If the price of the underlying asset has risen significantly, you may want to roll up your option strategy to lock in your profits. To do this, you would sell the existing option contract at a higher strike price and buy a new contract at a lower strike price. This will reduce your potential profit, but it will also reduce your risk. * **Rolling down:** If the price of the underlying asset has fallen significantly, you may want to roll down your option strategy to reduce your losses. To do this, you would sell the existing option contract at a lower strike price and buy a new contract at a higher strike price. This will increase your potential profit, but it will also increase your risk. * **Adjusting strikes:** If the volatility of the underlying asset has changed, you may want to adjust the strike price of your existing option contract. To do this, you would sell the existing contract and buy a new

contract with a different strike price. This will change the risk profile of the strategy, but it will not change the potential profit.

Option adjustments are a powerful tool that can be used to improve the performance of your option strategies. By understanding how to adjust option strategies, you can increase your chances of success and minimize your risks.



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