Demi Lovato: A Star Biography

Demi Lovato is an American singer, songwriter, and actress who has been in the public eye since she was a child. She rose to fame in the early 2000s as a star on the Disney Channel series "Camp Rock", and has since released six studio albums, starred in numerous films and television shows, and become a vocal advocate for mental health awareness.



Demi Lovato (Star Biographies) by Mary Meinking

★ ★ ★ ★ ★ 5 out of 5
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Early Life and Career

Demi Lovato was born on August 20, 1992, in Albuquerque, New Mexico. She began singing and acting at a young age, and by the time she was 10 years old, she had already appeared in several local theater productions. In 2006, Lovato was cast in the Disney Channel movie "Camp Rock", which became a huge hit and launched her career as a pop star.

Lovato's debut album, "Don't Forget", was released in 2008 and was certified platinum by the Recording Industry Association of America (RIAA). Her second album, "Here We Go Again", was released in 2009 and was

also certified platinum by the RIAA. Lovato's third album, "Unbroken", was released in 2011 and debuted at number one on the Billboard 200 chart.

Struggles with Mental Health and Addiction

Lovato has been open about her struggles with mental health and addiction. She has been diagnosed with bipolar disorder, and she has also struggled with eating disorders and substance abuse. In 2010, Lovato was hospitalized after overdosing on drugs. After her hospitalization, Lovato entered rehab and began working on her recovery.

Return to the Spotlight

Lovato returned to the spotlight in 2013 with the release of her fourth album, "Demi". The album was a commercial success, and it spawned the hit single "Heart Attack". Lovato's fifth album, "Confident", was released in 2015 and was also a commercial success. In 2017, Lovato released her sixth album, "Tell Me You Love Me", which debuted at number one on the Billboard 200 chart.

Advocacy for Mental Health Awareness

In addition to her music career, Lovato has also become a vocal advocate for mental health awareness. She has spoken out about her own struggles with mental health, and she has worked to raise awareness of the importance of mental health treatment. In 2017, Lovato launched the Be Vocal: Speak Up for Mental Health campaign, which aims to break down the stigma surrounding mental health and encourage people to seek help if they need it.

Personal Life

Lovato has been in a number of high-profile relationships, including relationships with Joe Jonas, Wilmer Valderrama, and Luke Rockhold. She is currently dating Max Ehrich.

Discography

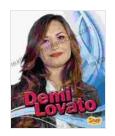
* Don't Forget (2008) * Here We Go Again (2009) * Unbroken (2011) * Demi (2013) * Confident (2015) * Tell Me You Love Me (2017)

Filmography

* Camp Rock (2008) * Camp Rock 2: The Final Jam (2010) * Sonny with a Chance (2009-2011) * Princess Protection Program (2009) * Camp Rock 2: The Final Jam (2010) * Sonny with a Chance (2009-2011) * Princess Protection Program (2009) * Camp Rock 2: The Final Jam (2010) * Sonny with a Chance (2009-2011) * Princess Protection Program (2009) * Camp Rock 2: The Final Jam (2010) * Sonny with a Chance (2009-2011) * Princess Protection Program (2009) * Camp Rock 2: The Final Jam (2010) * Sonny with a Chance (2009-2011) * Princess Protection Program (2009) * Camp Rock 2: The Final Jam (2010) * Sonny with a Chance (2009-2011) * Princess Protection Program (2009) * Camp Rock 2: The Final Jam (2010) * Sonny with a Chance (2009-2011) * Princess Protection Program (2009)

Awards and Nominations

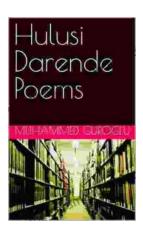
* Grammy Award for Best New Artist (2009) * Teen Choice Award for Choice Female Artist (2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017) * MTV Video Music Award for Best Female Video (2011, 2012) * People's Choice Award for Favorite Female Artist (2011, 2012, 2013, 2014, 2015, 2016, 2017)





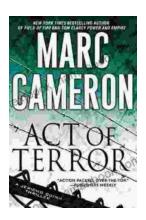
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